Wellness Committee

Winter Meeting, March 6, 2018 MS LGI

Agenda

Welcome

Review of Previous Meeting and Charge given to Committee

<u>Focus for Today</u>: The Wellness Committee shall serve as an advisory committee regarding student health issues and shall be responsible for implementing and periodically reviewing and recommending updates to the Student Wellness policy. The Policy Committee will consider recommending revisions to the Board for adoption.

Materials: LASD Policy # 246 School Wellness [pages 4-12] PSBA 246 [pages 4-12 **self-numbered**]

Items for Discussion/Review

- 1. News across the District programs, activities, ideas from representatives
 - Nutrition promotion
 - Physical activity
 - Physical education
 - Other school based activities
- 2. Review of select pages of policy and PSBA template comparison
- 3. Forms for building level reporting and for District compliance

Wrap-up

Next Meeting: May